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## THINGS TO KNOW FOR YOUR PROCEDURE

- Please review your instructions a few days before your procedure
- Arrive at your scheduled time (You will be called with your arrival time the day before your procedure. You will be called on Friday if your procedure is on a Monday)
- Bring your health insurance card(s) and driver's license
- Complete the Medication Reconciliation form in your folder
- Bring the folder with you including the prep instructions
- Wear a loose fitting short sleeve shirt to wear throughout your procedure
- Wear comfortable clothing and flat comfortable shoes. Dresses, suits, multi-layered outfits and pantyhose are not recommended
- You will receive anesthesia for your procedure. You **MUST** have a responsible driver to drive you home from the endoscopy center. You may **NOT** walk, ride a bus, take a taxi or other form of public transportation.
- If you are diabetic, check your blood sugar before arriving at the endoscopy center
- Take the following morning medications with a sip of water before arriving: heart, blood pressure, lungs/asthma/inhalers, thyroid, seizure, anti-anxiety, pain
- Plan to be at the endoscopy center for 2 – 3 hours. Your driver **MUST** be reachable via phone if he/she leaves the center during your procedure
- If you have any questions, please call the scheduler at the office at 717-545-9811
- If there have been any significant medical changes since your office visit, please contact your doctor's office at 717-545-9811
- If you require clearance from another physician it may take 2-3 weeks for clearance to be received. If you haven't heard from our office within 3 weeks you can contact the requested physician to check on the status of the clearance